

HOT COFFEE —

ESPRESSO	4.5
LONG BLACK	5
AMERICANO	5
MACCHIATO	5
CORTADO	5
FLAT WHITE	5
CAPPUCCINO	5.5 / 6 / 6.5
LATTE	5.5 / 6 / 6.5
DRIP COFFEE	4.5 / 5
EXTRA SHOT	3
HOT CHOCOLATE	4.5 / 5 / 6
MOCHA	5.5 / 6 / 7
CHAI LATTE	6 / 6.5 / 7
MATCHA LATTE	6 / 6.5 / 7
GOLDEN LATTE (CAFFEINE FREE)	6 / 6.5 / 7
BABYCINO	2

TEA —

CHAMOMILE	5
ENGLISH BREAKFAST	5
EARL GREY	5
PEPPERMINT	5
SENCHA	5

COCKTAILS —

MIMOSA	12/55
S.O.L MULE	15
S.O.L SPRITZ	15
WHITE WINE SPRITZER	15

BEER, CIDER & CANS —

AVAL CIDER	10
CALIDAD MEXICAN LAGER	10
PERONI LAGER	10
STONE DELICIOUS IPA	10
VERVET SUNDOWNER "STRAWBERRY SPRITZ"	13
VERVET ANGELICANO "NEGRONI SPRITZ"	13
VERVET TOYO "SAKE AND TONIC"	13
SABE MARGARITA	13

ICED COFFEE —

COLD BREW	5.5 / 6.5
NITRO COLD BREW	6.5 / 7
ICED LATTE	6 / 6.5
ICED CORTADO	4.5
ICED AMERICANO	5
ICED CHAI LATTE	6.5 / 7
ICED GOLDEN LATTE	6.5 / 7
ICED MATCHA	6.5 / 7
ICED MOCHA	6.5 / 7
ICED CHOCOLATE	6.5 / 7

ADD ONS —

CARAMEL	.5
CHOCOLATE	.5
VANILLA	.5
CHAGA	3
NON DAIRY MILK - ALMOND / MACADAMIA / OAT	1
SUGAR / TRUVIA / SLENDA	NO CHARGE

BEVERAGE —

ORANGE JUICE	6
JUICES & SODAS	SEE FRIDGE

WINE —

PROSECCO	14/50
NV BRUT, SOMMARIVA, 'SUPERIORE', VENETO, IT	
CHAMPAGNE	105
NV BRUT, VEUVE CLICQUOT, 'YELLOW LABEL' FR	
PINOT GRIGIO	14/50
21' ALOIS LAGEDER, RIFF, ALTO ADIGE, IT	
CHARDONNAY	16/55
20' PRESQU'ILE, SANTA BARBARA, CA	
SAUVIGNON BLANC	65
20' LIEU DIT, SANTA YNEZ VALLEY, CA	
ROSE GRENACHE BLEND	13/50
20' CHATEAU LES MESCLANCES, 'CHARMES', PROVENCE, FR	
ORANGE GRENACHE BLEND	16/55
21' FALLEN GRAPE, 'MOTHER', CENTRAL COAST, CA	
CHILLED CABERNET FRANC	18/60
21' LO-FI, SANTA BARBARA COUNTY, CA	
PINOT NOIR	18/60
20' GEHRICKE, SONOMA COAST, CA	
CABERNET SAUVIGNON	75
17' ORSA, MENDOCINO, CA	



BREAKFAST —

BAGEL	6
POPPY, PLAIN, EVERYTHING, JALAPEÑO CHEDDAR, OR SESAME CREAM CHEESE	+1
CROISSANT	7
FRESH OR TOASTED	
ADD BUTTER & JAM	+2
BACON & CHEESE CROISSANT	13
MAYO, CHEDDAR, BACON	+4
ADD EGG *	13
COCONUT CHIA PUDDING	
WITH MANGO, KIWI, STRAWBERRIES, APPLE, ALMONDS, COCONUT & HONEY YOGURT	
BREAKFAST BURRITO / BOWL	17
OMELET, MUSHROOM, BACON, CHEESE, TOMATO CHUTNEY, CRISPY POTATO CAKE, ARUGULA & AVOCADO	
VEGGIE BURRITO / BOWL	16
OMELET, MUSHROOM, CHEESE, SPICY SWEET POTATO, ARUGULA & AVOCADO	
ADD SPICED IMPOSSIBLE GRILLERS	+4
SAUSAGE & EGG BREKKIE SANDWICH *	14
GRILLED SEASONED PORK SAUSAGE PATTY, CHEESE, TOMATO CHUTNEY & SOL SAUCE	
ADD 'EVERYTHING' CRISPY POTATO CAKE	+3
GREEN DREAM TOAST	15
SEASONED AVOCADO, LIME, FAVA BEAN, CUCUMBER, CORNICHON, & CHIVES	
OMELET	16
GARLIC MUSHROOMS, CHEDDAR, TOMATO CHUTNEY & HERB SALAD	
GO BLANCO - EGG WHITES & SWAP CHEDDAR FOR PARMESAN	+3
EGGS & BACON TOAST *	13
TWO EGGS YOUR WAY & CRISPY BACON	
EVERYTHING BREAKFAST PLATE	20
TOAST, SAUSAGE, TWO EGGS YOUR WAY, GARLIC MUSHROOMS, AVOCADO, AND EVERYTHING CRISPY POTATO CAKE	

ADD ONS —

TOAST (2)	5	CRISPY BACON	6
CRISPY POTATO CAKE	4	SAUSAGE	6
AVOCADO	4	SHAVED TURKEY	7
MUSHROOMS	7	PESTO CHICKEN	9
TWO EGGS *	6	SMOKED SALMON	12
IMPOSSIBLE GRILLERS	9	PAN ROASTED SALMON	9

SIDE DISHES —

CACIO E PEPE FRIES	9
SWEET POTATO FRIES - SZECHUAN MAYO	9
GREEN LEAF SALAD - GINGER VINAIGRETTE	7

SOL CLASSICS —

FRESHLY BAKED SAUSAGE ROLL	13
CHECK THE CABINET FOR OUR DAILY FLAVORS	
CREAMY TORTILLA SOUP	14
ROASTED TOMATO, ONION, GARLIC, CHICKEN STOCK, SALT & PEPPER. TOPPED WITH TORTILLA STRIPS, AVOCADO, CILANTRO CREMA, MICRO CILANTRO.	
ADD 1/2 GRILLED CHEESE SANDWICH	+8
TUNA MELT	17
S.O.L'S TUNA SALAD WITH SPICES & MELTED CHEDDAR CHEESE ON SOURDOUGH, SERVED WITH FRIES	
CHICKEN OR STEAK TACO PLATE	14
(2) MARINATED CHICKEN TACOS, CILANTRO CREMA, SLAW, COTIJA, CORN, PICO DE GALLO	
OR (2) STEAK TACOS, PICO DE GALLO, CHIPOTLE CREMA	
SOL CHICKEN TENDER BASKET	16
3 BUTTERMILK BATTERED TENDERS WITH GARLIC POWDER, PAPRIKA & CAYENNE, SERVED WITH FRIES	
SWEET N SOUR CRISPY CHICKEN	17
CRISPY CHICKEN BREAST, SWEET N SOUR SAUCE, SWISS CHEESE MAYO & LETTUCE. SERVED WITH FRIES (ASK FOR A HOT CHILI KICK)	
SOL BURGER *	17
GRILLED BEEF PATTY, CHEESE, SOL SAUCE, PICKLES, WHITE ONIONS, LETTUCE & TOMATO, SERVED WITH FRIES	
IMPOSSIBLE PATTY SWAP	+5
DOUBLE BEEF	+5
ADD BACON	+4
ADD EGG	+4

FRESH SANDWICHES —

ST NIC	17
SHAVED TURKEY, ARUGULA, AVOCADO, MAYONNAISE, SEMI DRIED TOMATO & MOSTARDI CRANBERRY ON CIABATTA	
B.L.A.A.T.	17
CRISPY BACON, LETTUCE, DOUBLE AVOCADO, TOMATO & MAYO ON CIABATTA	
CHICKEN CAESAR WRAP	17
PESTO CHICKEN, GEM, EGG, BACON, AVOCADO PARMESAN & CAESAR DRESSING	
SOLOX BAGEL	18
SMOKED SALMON, CREAM CHEESE, TOMATO, CAPERS, RED ONION, DILL & RADISHES	

SALADS —

SOL x TPC GREEK HALLOUMI BOWL	18
HALLOUMI, CUCUMBERS, SUN-DRIED TOMATOES, FARRO, ARUGULA, OLIVES, GARBANZO, ONIONS, LEMON ZA'ATAR VINAIGRETTE, TZATSIKI	
TANSANA BOWL	18
STEAMED RICE, BLACK BEANS, ROAST CORN, AVOCADO, GREENS, SWEET POTATO, PICKLES, CRISP TORTILLA & SALSA	
ADD SPICED IMPOSSIBLE GRILLERS	+9
CAESAR CHOP	18
ROMAINE LETTUCE, CAESAR DRESSING, BOILED EGG, BACON, AVOCADO, PARMESAN & CRISP TORTILLA	
ADD PESTO CHICKEN BREAST	+9
SOL CHOP	18
WILD RICE, SWEET POTATO, BEETS, CARROTS, CHICKPEAS, ALMOND CRUNCH, MIXED LETTUCE, HERBS & SESAME SOY DRESSING	
ADD AVOCADO	+4
SOL PROTEIN BOWL	22
PESTO CHICKEN, BOILED EGG, HUMMUS, & FARRO ISRAELI SALAD	

SORRY, WE DO NOT ACCEPT CASH

* CONSUMING RAW OR UNCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS